



FULHAM RUNNING CLUB – CODE OF CONDUCT FOR MEMBERS

A. Introduction

1. This Code of Conduct applies to all members of Fulham Running Club (“the Club”). Members are defined as:
 - a) Anyone who is registered as an athlete with England Athletics through Fulham Running Club (i.e. a Full Member of the Club, as defined by the Club’s Constitution).
 - b) Anyone who is a member of the Club’s official Facebook group or a Second Claim member of the Club (i.e. a Member of the Club, as defined by the Club’s Constitution).
 - c) Anyone participating¹ in a race at which they represent the Club or purport to represent the Club (e.g. by wearing the Club’s colours)
 - d) Anyone participating in an event (including parkrun), who designates their club as Fulham Running Club.
 - e) Anyone participating or volunteering in a Club organised event or activity (e.g. training sessions, races, socials and tours).
2. All Members are required to familiarise themselves with and abide by this Code of Conduct.

B. Principles

3. The purpose of this Code of Conduct is to uphold standards of good practice and ethical behaviour between Club members and with third parties.
4. It complements, but does not supersede, the [UK Athletics](#) Code of Conduct for Athletes and stated welfare policies of [England Athletics](#) and has been written to reflect the particular character of Fulham Running Club.

¹ Participation includes officiating, running, volunteering, spectating or supporting at races / events.



C. Responsibilities

5. As a member of Fulham Running Club you will:

- a) Act with fairness and in the spirit of inclusivity when taking part in Club related activities.²
- b) Respect the rights, dignity and worth of all Club members, other event participants, volunteers, officials, spectators, supporters and others (including third parties).
- c) Uphold the same values of sportsmanship off the field as you do when engaged in Club related activities.
- d) Consistently promote positive aspects of the sport and the Club, such as, fair play and avoid condoning rule violations and the use of prohibited substances.
- e) Cooperate fully with and show courtesy towards individuals involved in Club related activities, such as, Club members, training session leaders, volunteers, spectators / supporters and others (including third party officials and representatives of the governing body) in the best interests of yourself and other members.
- f) Avoid reckless or inappropriate behaviour when taking part in Club related activities and third party events, including: behaviour that is dangerous to yourself or others, likely to cause offence to others, behaviour amounting to a criminal offence and any form of discrimination.
- g) Avoid abusive language and irresponsible or inappropriate behaviour (whether face-to-face, digitally/online or other form of communication) including acts of violence, bullying, harassment and physical, emotional, psychological and sexual abuse.
- h) Abide by events' and organisers' rules and policies (including rules relating to transfer of places in races); and adhere to the rules of any facilities used by the Club.
- i) Be mindful of other athletes, users of sporting / recreational facilities, local residents and other members of the public, particularly in public spaces (such as parks and paths) and when using public or third party premises, especially taking care to avoid any damage or conduct that is likely to lead to the Club being criticised or prevented from using those premises in future.

² Club related activities are defined by reference to the activities described at paragraph 1 of this Code of Conduct.



- j) Take responsibility for your own needs, including being organised, having the appropriate equipment, being on time for training sessions / Club organised events.
- k) Ensure that you train within your own capabilities when participating Club organised events.
- l) Act with dignity and display courtesy and good manners towards others.
- m) Challenge inappropriate behaviour and language by others.
- n) Use the Club's social media forums and groups in a respectful way, to support other members and avoid promoting personal or third party commercial interests.
- o) Report any grievances, complaints or allegation regarding a breach of this Code as soon as possible to the Club's Chair or Welfare Officers, who shall take what it considers to be suitable steps to investigate the grievance and respond to the complainant in accordance with the Club's Welfare Code.

Fulham Running Club
March 2020